

Career & Professional Development

Where
learning
inspires.

SASKATCHEWAN INSTITUTE OF HEALTH LEADERSHIP

2016-2017 Program

In partnership with:

College of Physicians and Surgeons
of Saskatchewan

Registered Psychiatric Nurses Association
of Saskatchewan

Saskatchewan College of Pharmacists

Saskatchewan Registered Nurses' Association

Saskatchewan Association of Licensed
Practical Nurses

Ministry of Health



University
of Regina

Centre for
Continuing Education

www.uregina.ca/cce

About SIHL

The first of its kind in Canada, the Saskatchewan Institute of Health Leadership (SIHL) is an initiative of the Centre for Continuing Education, University of Regina in partnership with the:

- College of Physicians and Surgeons of Saskatchewan
- Registered Psychiatric Nurses Association of Saskatchewan
- Saskatchewan College of Pharmacists
- Saskatchewan Registered Nurses' Association
- Saskatchewan Association of Licensed Practical Nurses
- Ministry of Health

The aim of the Institute is to bring together professionals from all disciplines and all levels within the healthcare system to foster leadership potential, skills and the creation of a leadership community that works together to promote, support and sustain good health.

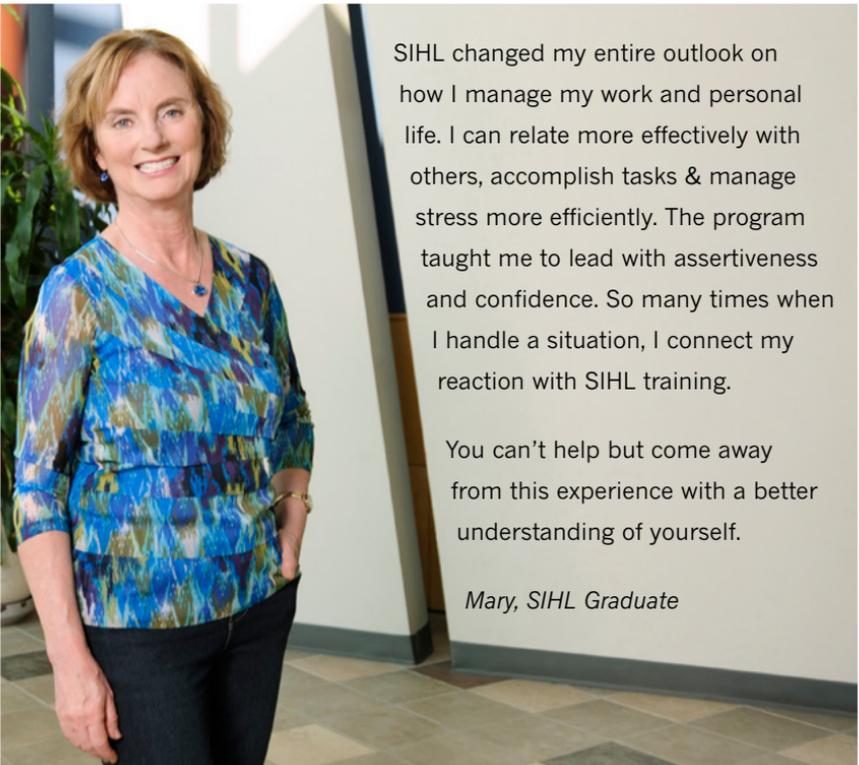
SIHL includes professionals from all disciplines and all levels within the healthcare system. The Institute focuses on leaders of today and leaders of tomorrow.



The Saskatchewan Institute of Health Leadership supports the goals of the provincial government by:

- building leadership and professional development within an interdisciplinary context
- ensuring a new generation of skilled healthcare leaders
- cultivating a community of leaders with patient first focus

This five month program begins in October 2016 and will conclude in April 2017. A five-day Opening Retreat will take place in Regina, Saskatchewan, October 17-21, 2016 with SIHL Course Presenters and Facilitators. A two-day Project Retreat will take place April 6-7, 2017.



SIHL changed my entire outlook on how I manage my work and personal life. I can relate more effectively with others, accomplish tasks & manage stress more efficiently. The program taught me to lead with assertiveness and confidence. So many times when I handle a situation, I connect my reaction with SIHL training.

You can't help but come away from this experience with a better understanding of yourself.

Mary, SIHL Graduate

About the Program

Registration is limited to 30 students per course and will include participants with diverse healthcare backgrounds.

The Format

The five month program includes:

- opening and project retreats
- lectures and workshops
- team projects focusing on six core competency areas
- personal leadership challenge
- teleconferences/webinars involving discussions with leaders and content experts
- access to coaches and Master Facilitator based in the healthcare system

The program begins with a five-day retreat October 17-21, 2016 at the Centre for Continuing Education, University of Regina.

During the Retreat, participants will:

- engage in participatory presentations delivered by expert healthcare leaders
- develop a project proposal to further leadership skills
- meet participants, course presenters and coaches from diverse areas of the healthcare sector

The program concludes with a two-day project retreat April 6-7, 2017 with:

- interactive panel discussions
- team project presentations
- Graduation Ceremony and certificate presentation

Program Content

Leadership Skills & Core Competencies

Based on contemporary leadership theory within a health context the curriculum is designed to develop skills and competencies of leadership in 6 core areas:

Life Balance & Personal Development

- Understanding your style
- Lifelong learning
- Personal development
- Time and stress management
- Staying motivated

Visioning & Planning

- Decision making framework
- Scenario building
- Creating a shared vision
- Strategic thinking
- Environmental scanning

Conflict & Collaboration

- Conflict Resolution/Interest based negotiation
- Team building
- Facilitation
- Communication (interpersonal, inter-organizational, presentations, media, written and verbal)

Policy & Politics

- Political process
- Advocacy
- Policy development/Informing practice and vice versa
- Ethics
- Negotiation
- Partnership development

Systems Thinking

- Quality Improvement
- Change Management
- Risk Management

Community & Culture

- Workforce diversity
- Defining and understanding community including the impact of Aboriginal heritage and culture
- Demographics
- Social structure and change
- Population health and primary health care



These competencies will be developed and enhanced through a variety of instructional methodologies. Presenters at the Institute, each of whom is an acknowledged leader and educator, will lead participants through these competencies during the October Retreat.

The Master Facilitator will continue providing support and direction as requested by participants during the five month program. Coaches will create a network of sharing and learning amongst themselves to develop and practice their own skills within a peer review context.

Unique Program Features

- Leadership theory and practice within a health context
- Ongoing application of models, concepts and theories through group work
- Interdisciplinary focus
- A cohort model
- Teamwork
- Practical application of learning
- Leadership and community development
- Networking
- Varied delivery methods
- Intersectoral resources
- Policy-practice interface
- Ongoing facilitation for duration of course
- Teleconferences/Webinars
- Coaching and Mentoring model
- Intensive, accelerated experience

Program Certificate

Participants who successfully complete the program will receive a certificate from the University of Regina. The certificate has additional value for students whose workplace or association requires ongoing professional development.

Registration & Hotel Information

Tuition Fees:

\$3,500 + \$175 (GST) = \$3,675

The course tuition includes:

- 2 onsite retreats Oct 17-21, 2016 and April 6-7, 2017 with refreshment breaks and lunches
- Distance learning program
- All course materials
- Graduation Ceremony
- Coaching and mentoring support

Tuition Payment:

To register and pay please contact Student & Instructor Services at 306-585-5748. Visa & Mastercard accepted. Company invoicing is available. If you are paying using your own personal method of payment, you can create an account and register online [here](#).

Hotel Accommodation:

Hotel accommodation is the responsibility of registrant. A block of rooms has been reserved for the program. To book a room please contact:

Travelodge Hotel and Conference Centre Regina

4177 Albert Street South, Regina, SK S4S 3R6
306-586-3443

Room Rate: \$139.95 for 2016 and 2017. When booking please ask for the SIHL rate and quote block code **CGSIHL**. Room registration deadline is Sept 16, 2016 and March 5, 2017.

Notes:

- 1. Registration deadline: September 15, 2016. Full refund (minus \$250 admin fee) cancellation deadline: September 15, 2016. After September 15, 2016 tuition is non-refundable, however substitutions may be made.*
- 2. The Saskatchewan Institute of Health Leadership reserves the right to cancel this program due to insufficient enrolment. Registrants will receive a full refund of tuition. SIHL will not be responsible for airline or other travel commitments.*

For further information please contact Rachel Werrett, Business Development Consultant at 306-585-5739 or email rachel.werrett@uregina.ca or the [SIHL Website](#).

University
of Regina

Centre for Continuing Education
3737 Wascana Parkway
Regina, Saskatchewan S4S 0A2
www.uregina.ca/cce

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