

Saskatchewan Polytechnic Psychiatric Nursing Program

PARTICIPANTS NEEDED FOR RESEARCH IN WORKPLACE MENTAL WELLNESS

We are looking for volunteers to take part in a study of:

**Mental wellness and recovery in the workplace:
*Challenging leadership to redefine organizational culture.***

As a participant in this study that will occur over a two year period, you will be asked to: participate in anonymous questionnaires and a focus group; as well as evaluate the efficacy of community interventions

Your participation would involve:

One, two-day workshop

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Attendance to both an in-person and virtual peer support group as required

In appreciation for your time, you will receive

**6 x \$5.00 gift card for Tim Hortons
(Intermittently over the two-year period)**

For more information about this study, or to volunteer for this study,
please contact:

*Rebecca Rackow, BA (hons.), BSW, RSW
Community Partner Coordinator, CMHA-SK*

at:

306-525-5601 Ext. 224 or

Email: rebeccar@cmhask.com

**This study has been reviewed by, and received approval
through, the Research Ethics Office, University of Saskatchewan.**



**Canadian Mental
Health Association**
Saskatchewan
Mental health for all



*years of
community*